

SAHAR IS A HIGHLY **EXPERIENCED** LIFE MENTOR & intuitive since 1992. She specializes in identifying blockages quickly & realigning clients with their goals & purpose through her UNIQUE TRIED & TESTED Unbox The Real You™ program.

Unbox Life Mentoring with Sahar Palmer, published author, columnist, Holistic Therapist & Intuitive Mentor, is about getting you back on track with the life that you want to live.



If you are struggling and do not know why, you may be out of alignment. When you are in alignment with your goals, life's calling or purpose, life flows with ease.

When you are out of alignment, you feel blocked, confused, and lack clarity and motivation to move forward. Unbox with Sahar program is the perfect opportunity for you to jumpstart your new life and Unbox your fullest potential to live your life with ease, peace, balance and joy.

Sahar has been acknowledged three times as "One of the Best 100 Psychics in the World". She appeared on BBC 2; London's LBC radio and received regular press coverage from various magazines including Woman's Own, and London's Evening Standard.

She has been guiding people back to falling in love with their life for over 29 years, and to evolve to a better understanding of themselves and their lives by becoming "skilful creators" of the reality they desire through her unique approach: Unbox The Real You™.

I BELIEVE: That we can all be the best version of ourselves.

Sahar Huneidi-Palmer has been in the selfhelp field for more than twenty eight years; **HELPING CLIENTS EVOLVE TO A BETTER UNDERSTANDING OF** THEMSELVES AND THEIR LIVES; and becoming "skillful creators" of the reality they desire.

I believe that most of us, nowadays, feel that have an inexplicable void although our lives are "busy", jam-packed with stuff to validate what we think is our identity.

I believe that the change within everyone, as they align with their lifepath, sends ripple effects to all those around them, because the self is the building block of the many.

If you are curious and ready to unbox your life, unbox the real you, and literally learn the process and the tools you need to arrive at your desired destination – Sahar has a gift for you: a complimentary 40 minute Discovery session.

Complete your online assessment form and get in touch to schedule an appointment.

"Sahar is extremely knowledgeable in teaching the connections between mind, body and spirit and has spent many years in these fields teaching and mentoring the fortunate recipients of her wisdom.

Thank you Sahar."

Merryn Jose





I can help you to identify what is holding you back so you can MOVE FORWARD WITH EASE AND HARMONY.

Sahar Huneidi
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Self-Awareness Life Coach since 1992
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